

good stuff



Spice Market Opens at W Hotel Midtown

Internationally renowned chef Jean-Georges Vongerichten has opened his critically acclaimed Spice Market restaurant in the new W Atlanta-Midtown. Inspired by the vibrant street life of Southeast Asia, Spice Market serves up adventurous flavors in a relaxed dining environment. Dishes display complex blends of spices and layers of flavor and are presented family-style; courses arrive continuously throughout a meal and are placed in the center of the table for all to share.

Spice Market is at 188 14th Street N.E. 404.549.5450. www.spicemarketatatlanta.com

Martha Stewart's Wine Collection

Martha Stewart Living Omnimedia and E&J Gallo Winery have clicked glasses and created a limited-edition release of Martha Stewart Vintage, a special collection of wines that are available in select cities, including Atlanta, and also available through www.thebarrelroom.com. The line includes a 2006 Sonoma County chardonnay, a 2005 Sonoma County cabernet sauvignon and a 2006 Sonoma County merlot.



Natural Skincare Line. Doesn't Irritate

Terralina is a natural skincare products designed to treat all types of skin without risk of irritation. Terralina's facial regimen, which includes a cleanser, toner and moisturizer, does not contain parabens, PEGs, ethoxylates, glycols, acrylates, silicones, artificial fragrance, or any harsh alcohols, which are often the culprits of dry, irritated skin.

Founded by Gina and Patricia Garrubbo, Terralina's products are rich in antioxidants, such as olive oil, olive leaf and white tea, to combat the damaging effects of free radicals. The line is available at www.terralina.com.



Recycling Tennis Balls is Iffy

Atlantans Ana Hawk and Linda Moser play tennis year-round and decided to do something with the used tennis nets and thousands of cans containing tennis balls that are opened weekly. The two started Iffy Designs, which features bags whose pockets are made from recycled tennis nets. In addition, recycled tennis balls are turned into tea light candleholders that are sold in – you guessed it – recycled tennis ball cans. www.iffydesigns.com.



Checking for Ticks

Beating Lyme offers guidance needed to take effective steps to fight one of the country's most elusive and misunderstood illnesses. Frequently misdiagnosed, Lyme disease is the fastest-growing infectious disease in the country, with more than 1.7 million Americans infected. The book, by Constance A. Bean, MPH, and Lesley Ann Fein, M.D., MPH, offers advice on recognizing symptoms, what to do after a tick bite, how to get the best treatment, what to do if your insurance won't cover treatment, and living with long-term Lyme disease.

Constance A. Bean
with Lesley Ann Fein, M.D., MPH

BEATING LYME

Understanding and Treating
This Complex and Often
Misdignosed Disease