

Take Our Challenge! DROP 10 STROKES THIS YEAR *page 74*

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1. SUNSCREEN

These sprays and creams are among the best at blocking damaging UV rays.



Banana Boat Sport Performance Dri-Blok Continuous Spray Sunblock (\$9) "This is one of my favorite sunblocks because it protects against the UVB burning rays as well as the UVA aging and cancer-causing rays," says Dr. Jody Levine. It's also nongreasy, sweatproof and waterproof.

EDITORS' CHOICE Lancôme UV Expert 20 with Mexoryl SX Daily Moisturizing Cream SPF 20 (\$35) Mexoryl is one of the most powerful protectants against UVA rays, the ones which break down collagen and cause premature wrinkles and age spots.

Clinique Super City Block Oil-Free Daily Face Protector SPF 40 (\$17) "This is an amazing protector for sensitive and allergy-prone skin," says Dr. Amy Wechsler. "It works well, and I love the low price."

ColoreScience Sunforgettable SPF 30 (\$25) "It offers excellent protection in a powder formula that goes on easily over or under makeup, without clogging pores," says Dr. Doris Day. "And the compact packaging fits perfectly in a purse or golf bag."

Neutrogena Ultra Sheer Dry-Touch SPF 55 (\$10) "Here's a sunblock that will work for everyone," says Dr. Ellen Marmur. "It contains the most advanced ingredients, including Helioplex—a UVA protector—and it stays on."

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2. SKIN CARE

Potent ingredients and hydrating formulas restore essential moisture.



1. EDITORS' CHOICE L'Oréal Paris Skin Genesis (\$30) A natural molecule called Pro-Xylane penetrates the skin to renew cells and promote collagen production. The lightweight formula improves skin texture for a silkier, smoother surface.

2. Cetaphil Moisturizing Cream (\$10) "This moisturizer is great for all skin types, from acne-prone to sensitive," says Dr. Wechsler. The lotion contains no lanolins or parabens, which can cause irritation. "It's incredibly gentle and has no annoying fragrance."

3. Roc Retinol Correxion Deep Wrinkle Serum (\$20) "Retinol is one of the most powerful antiaging ingredients, and Roc's formulation is effective and nonirritating," says Dr. Day. The serum stimulates the skin's renewal process to restore luminosity.

4. EDITORS' CHOICE Estée Lauder Advanced Night Repair Concentrate (\$85) Originally created for use after skin traumas, excessive sun exposure, dehydration or surgery, this concentrate hydrates and soothes skin.

7. La Roche-Posay Active C Eyes (\$33) "I like this because it's an antioxidant-rich cream with vitamin C, which is beneficial to maintaining the health of the thin skin surrounding the eye," says Dr. Levine.

5. Olay Regenerist Daily Regenerating Serum (\$20) "An excellent and affordable formulation with amino peptides that rejuvenate skin gently, without irritation," says Dr. Day.

6. Terralina Facial Moisturizer (\$42) "It moisturizes skin without leaving a residue," says Dr. Marmur, "goes on perfectly over sunscreen and also works to even out the surface of the skin before makeup is applied."

TIP: "GOLFERS NEED TO REMEMBER TO REAPPLY SUNSCREEN AT THE TURN." —DR. AMY WECHSLER

